

# **THE INNER GODDESS CIRCLE**

**twice monthly 2 hour event**  
**1st Friday of each month 11.30am-1.30pm**  
**3rd Sunday of each month 6.00pm- 8.00pm**

**Reiki and Indian head massage treatment**  
**meditation**

**Journaling and herbal tea**

**Angel and Oracle cards**

**Judgement free, safe space**

**No experience necessary**

Please bring if possible a yoga mat, pillows, eye mask or blankets so you're comfortable

**Each person will receive a free gift bag**  
**Energy Exchange £22**

**Come join**

**lunaloveandlight and aishandearth.healing**

**Dm on Facebook/Instagram or  
email**

**lunaloveandlight@yahoo.com**

**aishlingp1@gmail.com**

**Spencers wood village hall  
Basingstoke road  
RG7 1AP**

